ROTARY CLUB OF DELHI WEST



Kalindi

UNITE FOR GOOD

Newsletter

July 2025

www.rcdelhiwest.rotaryindia.org

Charter Date: February 27, 1971

Rtn. Francesco Arezzo R.I. President

Rtn. Dr. Ravinder Gugnani Distt. Governor Rtn. Arunrekha Gogia Club President Rtn. Sarvadeep Sachdev Hony. secretary

PRESIDENT RTN. ARUNREKHA GOGIA'S MESSAGE



LET THE GOOD TIMES ROLL & OUR VISION SOAR! My incredible fellow Rotarians,

Your new President, bursting with excitement, a bit nervous as we kick off this new Rotary year, I'm feeling a surge of pure fun and unbridled optimism for everything we'll achieve together! KALINDI is a snapshot of our collective energy, shared laughs, and the magic that happens when passionate people unite. Flip through these pages and feel the buzz Kalindi Team has created – it's infectious! My vision for this year is simple yet powerful: to ignite an even stronger spark of engagement and innovation within our club. Let's explore new ways to serve, embrace fresh ideas, and truly make our presence felt in the community. Rotary is fellowship.

As Frank L. Mulholland said, "Real fellowship is frank, spontaneous, full of warmth." Let's make our meetings places where ideas spark, friendships deepens, and brilliance lights up the room.Let's also carry forward profound wisdom. Mahatma Gandhi beautifully articulated, "The best way to find yourself is to lose yourself in the service of others." This isn't just a philosophy; it's Rotary's heartbeat. Taking the baton from IPP Rtn Rohit Seth brilliant performance, we embark on a journey filled with not just serious Rotary business, but also incredible friendship, joyous fellowship. We'll find immense joy travelling together. We're truly blessed to have the unwavering guidance of stalwarts like our PDGs and Past Presidents, the infectious energy of our R'Anne group, and the tireless dedication to numerous projects that elevate our community, especially with Rtn Arun Roongta at the helm. and the tireless efforts of our ever-energetic Secretary Rtn Sarvadeep Sachdev,Rtn S.K.Agarwal,Rtn Gurinder Kaur and the entire team.We are truly a blessed effective lot!

This year, we're particularly excited to embrace the Rotary International theme "Unite for Good." This powerful message encourages us to work even closer, combining our strengths to create greater positive change. The power of unity and collaboration is key to achieving Rotary's ambitious goals of service and impact. So, let's roll up our sleeves, unite for good, and make this year one for the record books. Let's make some magic! Regards, President Rtn Arun Rekha Gogia

GLITTERING JOINT INSTALLATION CEREMONY - 2025 -26









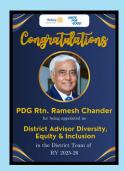
District Governor Dr. Rtn Ravinder Gugnani and Presidents of District 3011 Installation Ceremony was held on 6th July 2025 at Orana Convention, Gurugram. The installation ceremony of District Governor Ravinder Gugnani and Presidents of District 3011 was attended by esteemed Rotarians, dignitaries, and guests. The ceremony marked the official induction of DG Rtn Ravinder Gugnani, who outlined his vision and goals for the year. The Presidents of various Rotary clubs in District 3011 were installed, promising to uphold Rotary's values and principles. Our Club President Rtn Arun Rekha Gogia was represented by our Club Vice President Rtn Bidyut Tamuly, Rtn Arun Roongta, Rtn Sarvadeep and Mala Sachdev, Rtn Deepak Bahl, PDG Ramesh Chander, PDG Rtn Ashok and Alka Kantoor and Rtn Rakesh Talwar.

DG Dr Rtn Ravinder Gugnani delivered an inspiring address, emphasizing the importance of teamwork, community service, and leadership. The ceremony fostered a sense of unity and collaboration among Rotarians, emphasizing the power of collective efforts. DG Rtn Ravinder Gugnani's vision for the year was clearly outlined, providing direction and motivation for the Presidents and Rotarians. The installation ceremony was a resounding success, setting the tone for a promising Rotary year. With DG Ravinder Gugnani's leadership and the Presidents' commitment, District 3011 is poised to achieve great things.



ACHIEVEMENTS OF CLUB MEMBERS IN DISTRICT 3011

Super! Heartiest Congratulations to all 11 REMARKABLE ROTARIANS Keeping our Club flag flying high on being appointed responsible positions at District level in RY 2025 -26.













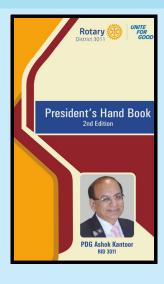














At the Installation Ceremony of DG Dr Rtn Ravinder Gugnani on 6th July at Orana Convention, the Second Edition of the President's Handbook was officially released. The launch was conducted by PRID Rtn. T.N. Subramanian and DG Rtn. Ravinder Gugnani.

This valuable resource is the brainchild of PDG Rtn. Ashok Kantoor with meticulous support in its compilation from PP Rtn. Rakesh Talwar.

A special highlight of the handbook is its focus on the power of CSR. It provides insightful guidance to Presidents and fellow Rotarians on how to effectively engage with CSR-compliant

companies. The book outlines a step-bystep approach to secure CSR contributions and channel them toward impactful projects. This edition will serve as a practical ready reckoner for many, especially in supporting contributions to The Rotary Foundation (TRF) through CSR initiatives.





Pleased to share that PDG Rtn. Ashok Kantoor was invited as the Installation Officer and Chief Guest for the Installation of District Governor Rtn. Sushil Malhotra of RID 3040 and his home Club Rotary Club of Indore Meghdoot at the glittering ceremony at Indore.



Rotary Club of Delhi West is proud to have received an award from Terapanth Professional Forum for conducting Eye Camps for 1500 Students on 18th July 2025.

SPEAKER MEETING







The Rotary Club of Delhi West kicked off Rotary Year 2025-26 in style with their inaugural Speaker Meeting and Fellowship at the prestigious Ashoka Hotel on July 12th. The event drew a strong attendance of club members, who gathered to hear our Guest Speaker Dr. Piyush Vishwakarma, a renowned Consultant in Hepatology, Gastroenterology, and Liver Transplant at Indraprastha Apollo Hospitals. Dr. Vishwakarma delivered an enlightening talk on liver health, focusing on crucial precautions and symptoms, as well as the reversibility of fatty liver disease.

Prevention of Liver Disease:Dr. Vishwakarm emphasized that maintaining a healthy lifestyle is key to preventing liver disease. This includes:- Eating a balanced diet rich in fruits, vegetables, and whole grains- Staying hydrated and limiting sugary drinks. Exercising regularly to maintain a healthy weight.Limiting alcohol consumption and avoiding toxins.Getting vaccinated against hepatitis A and B. By adopting these habits, individuals can significantly reduce their risk of developing liver disease and promote overall well-being. The presentation sparked a lively and interactive Q&A session, with Dr.Vishwakarma patiently addressing the members' queries. The meeting also featured a special ceremony, where District Awards were presented to deserving members who missed the District Governor's Thanksgiving event in Gurugram. IPP Rtn Rohit Seth, PDG Rtn Ramesh Chander and PDG Rtn Damanjit Singh honored PDG Rtn Ashok Kantoor, Rtn Aroon Roongta, and R'Ann Charu Srivastava with these prestigious awards. Heartiest congratulations to all the award winners!

In another highlight, the club unveiled the last issue of Kalindi Magazine for RY 2024-25. IPP Rtn Rohit Seth, PDG Rtn Ramesh Chander, and the Kalindi Team, comprising Rtn Manoj Srivastava and R'Ann Charu Srivastava, released the magazine to great enthusiasm. Absence of PP Rtn Rakesh Talwar Advisor Kalindi was immensly felt. Our Club's first Green Initiative took place by a Tree Plantation drive at Ashoka Hotel Lawns. Large number of club members participated including our Guest Speaker Dr. Piyush Vishwakarma in this drive making it a success. Rtn Gurinder Kaur proposed a sincere vote of thanks, expressing gratitude to all involved in making the event a success. Absence of President Rtn Arun Rekha Gogia was felt by one and all.

The meeting concluded on a high note, with two new members Mr. and Mrs. Uma Shanker Gupta and Ms Lavlin Thadani joining the club meeting further strengthening the Rotary family. Overall, the Speaker Meeting was a resounding success, marked by informative discussions, award recognitions, celebration of club achievements, and a Tree Plantation drive too. It was indeed an awesome and vibrant meet.

























MEET OUR VIBRANT NEW MEMBERS

President Rtn Arun Rekha Gogia and all club members whole heartedly welcome Ms Lovlin Thadani and Mr Uma Shanker and Seema Gupta to our family of Rotary Club of Delhi West. We are looking forward to having your gracious presence in our upcoming projects and meetings. We are certain that you will bring a lot of value to our club.



Ms Lovlin Thadani

Former student of FTII Films and Television Institute of India. Worked with best directors of Bollywood like Lekh Tandon, M.S Sathyam, Ved Rahi, I.S Johar and many more. Lavlin pioneered the breakfast show and interviewed dignitaries like Lata Mangeshkar, Atal Bihari Vajpayee, I.K. Gujral, Kosygin Russian PM. She Has been awarded:

-Gold award for best documentary at Film Festival Bali in 2017

-Gold award for best direction at Film Festival Bali in 2017

-Karamwali represented India at the prestigious Cannes Film Festival in 1992

-Screen at the Magasaysay Awards conference 2004. And the same was repeated in United Nations New York 2005. She has closely worked and remain associated with Amrita Pritam, Roshan Taneja, Vinod Khanna, Late Mr. Kamleshwar, Kanhaiya Lal Nandan, Ragu Rai, Tinu Anand, Kiran Bedi, Vasant Sathe, Sushma Swaraj, Mohini Giri, Ram Jethamalani, L.K. Advani, exPM I.K. Gujra;, Dr. Manmohan Singh and many more.



Mrs. Seema Gupta



CA Uma Shanker Gupta

Partner in U Shanker and Associates | Chartered Accountant | Audit & Compliance Specialist

I am a qualified Chartered Accountant, having completed my CA in 1991. With over three decades of dedicated experience, I have built a strong foundation in traditional practice, offering comprehensive services in:

- Audit & Assurance

- GST Compliance

- ROC (Registrar of Companies) Compliance

- Income Tax Advisory and Compliance

Throughout my career, I have been committed to delivering reliable, ethical, and client-focused solutions. My practice is rooted in a deep

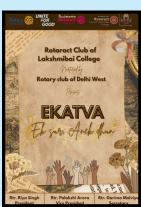
understanding of Indian tax laws, corporate regulations, and financial reporting standards. I work closely with individuals, firms, and businesses to ensure timely compliance, efficient tax planning, and robust financial oversight Seema Gupta

DOB. 21.12.1971 She is M.Com and C A Inter She is house wife.



Our Rotaract Club Of Laxmibai College has now become one of the largest Rotaract Clubs in the District with close to 170 Members.

The Club is organising "EKATVA" along with parent Club Rotary Club of Delhi West.



Project EKATVA - Ek Sur, Anek Dhun

The Rotaract Club of Lakshmibai College proudly introduces Project Ekatva, an annual initiative that celebrates unity through diversity.

Inspired by the spirit of oneness, Ekatva is a platform dedicated to inclusivity, acceptance, and equal representation for all, especially the LGBTQIA+ community and other marginalized voices.

© Our Vision:

To create a society where differences are not just accepted but celebrated — where every identity adds to the rhythm of unity.

Our Actions:

Awareness drives, street plays, and campaigns

🤭 Safe spaces for expression – poetry, art, and storytelling

Sensitization workshops on gender, identity, and mental health

Collaborations with inclusive organizations and thought leaders Why Ekatva?

Because every individual is a unique note in the song of humanity — and together, we create harmony.

Warm Regards, Rtr. Riva Singh Club President Rotaract Club of Lakshmibai College 2025-2026

CLUB IN ACTION



15 Chairs were provided by Rtn S K Agarwal for the Computer Room at Sarvarth Foundation Sultanpuri.





The Rotary Club of Delhi West, in a dedicated effort towards environmental sustainability, is proud to announce a new initiative in collaboration with Plastic Warriors, RID 3011. On 14th of July, a specialized Plastic Bin was successfully installed at DCWA (Delhi Commonwealth Women's Association), a prominent charitable organization committed to health and education. This strategic placement at DCWA serves a dual purpose: it provides a convenient and accessible point for the collection of Single-Use Plastic (SUP) waste, and simultaneously raises awareness within the community served by DCWA about responsible plastic disposal





Two students of Sarvarth Foundation, Roshni in middle, based on the Diploma from Sarvarth, has got a job in Silaris Information Pvt Ltd as an HR Executive at a salary of Rs 20000,PM. Mahak on right got a Job in the same company as a Sales Coordinator at a salary of Rs 13000 PM. One more alumni has got the same Job. Many congratulations to all !!





Sarvarth Foundation and Rotary Club of Delhi West in association with Shroff Charitable Eye Hospital organised a Mega Eye Camp with free Cataract Surgeries at Basti Vikas Kendra, Sultanpuri. More than 150 Residents are expected to avail of the facilities.



Rotary Club of Delhi West and Rotary Club of Delhi West Metro organised a Mega Health Camp at Inderpuri.Inspite of intermitent rains, a large number of residents availed of the facilities.





Plastic Warriors, Sarvarth Foundation of Rotary Club of Delhi West, collected 27 kg, 42 kg Single Use Plastic Waste for Recycling.



Rotary Club of Delhi West in association with Apollo Hospitals organised a very important Training Session of Basic Life Support, BLS at 7th Battalion, Delhi Police. A large number, approximately 150, Police Officers attended the Program.

CLUB IN ACTION





Sarvarth Foundation, a Poster Project of RCDWest and Rotary Club of Delhi West in association with Rajiv Gandhi Cancer Institute organised a Mega Cancer Awareness and Detection Camp with Oral Cancer, Breast Cancer and Cervical Cancer Investigations. A large number of residents availed of the facilities. President Rtn Arun Rekha leads the way.



Rotary Club of Delhi West and Sarvarth foundation in association with Tata Power Organised a Mobile Health Camp with free blood tests at Sultanpuri..more than 100 Residents are expected to avail of the facilities.



Rotary Club of Delhi West and Terapanth Professional forum in association with Centre for Sight organised 4 Eye Camps at schools in Pashchim Vihar, Punjabi Bagh, Gandhi Nagar & Jhilmil, covering about 1500 Students.





Rotary Club of Delhi West and Rotary Club of Delhi Cosmopolitian Greater with the Management of Gurudwara Rajouri Garden Singh Sabha and in association with Shroff Charitable Eye Hospital Organised a Mega Eye Camp with free Cataract Surgeries....more than 200 people are expected to avail of the facilities This effort of free Cataract Surgeries was kicked off last year during IPP Rohit Seth's presidentship and was immensely successful and we continue to in the same vain this year.





Maharaja Agrasen Hospital, Dwarka, Rotary Clubs of Delhi South, Delhi Govinda, Delhi Garden City and Delhi West came together to deliver first Cervical Cancer Awareness Program of RID 3011 at Banasthali Public School, Vikas Puri to a large gathering of parents.

CLUB IN ACTION



Rotary Club of Delhi West installed a Plastic Bin at Interact Club Masonic Public School as a Plastic Warrior..

The response was so overwhelming that it was seen to be believed. So much so that 25% of the Bin was filled up on the spot. Well done our Plastic Warriors!!



Rotary Club of Delhi West and Rotary Club of Saink Farms held a Mega Health Camp at Country Club.





Rotary Club of Delhi West and RCD Femina in association with Shroff Charitable Eye Hospital Organised a Mega Eye Camp with free Cataract Surgeries and Spectacles at GK2 Gurudwara. More than 200 people are expected to avail of the facilities.

Greater Kailash MLA, Smt Shikha Rai graced the occasion.





Sarvarth Foundation, Rotary Club of Delhi West, the Cancer Foundation and Preventive Oncology, AIIMS organised a Cervical Cancer Vaccination Camp at IRCH, AIIMS with CSR Funds from Ecos Mobility.



DUSIB has laid out Grass in the Park at Sarvarth foundation...this is Work in Progress and they will do more Maintenance and Cleaning





Rotary Club of Delhi West and Maharaja Agrasen Charitable Trust in association with Shroff Charitable Eye Hospital organised a Mega Eye Camp with free Cataract Surgeries and free Spectacles at Budh Vihar for more than 200 underprivileged people.

ROTARY CLUB OF DELHI WEST



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UNITE FOR GOOD

BIRTHDAYS

5th July- R'Anne Monica Kalra 8th July- PDG Rtn. Ashok Kantoor 10th July- R'Anne Mamta 22nd July- R'Anne Sangeeta Talwar



BIRTHDAYS

23rd July- Rtn. Bhavya Sethi 26th July- Rtn. Jaspal Singh Chhabra 29th July- R'Anne Meeta Anand

UPCOMING MAJOR EVENTS

Health Camp: 1st Aug: Sainik Farms School

Cervical Vaccination Camp: 2nd Aug: Nithari, Noida 30th Aug: AIIMS

Mega Health Camp with Blood Donation: 22nd Aug: Brahm Kumaris, Rohini

Mega Health Camp with Blood Donation and Thalassemia-23rd Aug: Maharaja Agrasen College 30th Aug: Soami Nagar School

Fellowship Meet & Lunch 30th Aug: Ashoka Hotel



Mega Eye Camp with Free Cataract Surgery-2nd Aug: Safdarjung Gurudwara 7th Aug: Tugkaqabad 10th Aug: Inderpuri 17th Aug: Saket Gurudwara

Rotary District Governor 2028-29 Elections 29th August

Rotary Lead 25 - Chennai 22nd, 23rd and 24th August



THE BOARD

Rtn. Arunrekha Gogia
President

Rtn. Rohit Seth Imm. Past President

Rtn. Bidyut Tamuly V. Pres./President Elect Rtn. Rakesh Talwar Club Learning Facilitator

Rtn. Sarvadeep Sachdev
Hony. Secretary

Rtn. Sunil Gupta
Jt. Secretary

Rtn. SK Agarwal
Treasurer

Rtn. Manoj Srivastava Sgt-At-Arms

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PDG Rtn. Ramesh Chander PDG Rtn. Damanjit Singh PDG Rtn. Ashok Kantoor

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Rtn. Sangeet Rai International Service Rtn. Ashok Kantoor

Rtn. Arun Roongta Community Service

Rtn. Pradeep Agarwal
Vocational Service

Rtn. Jawahar Kalra
The Rotary Foundation

Rtn. SK Agarwal
Environment

Rtn. Deepak Bahl Skilling to Employment Rtn. Bhavya Sethi New Generation Rtn. Anju Kakar Club Services

EDITORIAL TEAM

2025-26



PP Rtn. Rakesh Talwar Advisor



PP Rtn. Manoj Srivastava Editor



R'Anne Charu Srivastava Editor